Diabetes Work sheet

1. List the ADL’s that diabetes would have an effect on?
2. How many million people do you think diabetes affects in the UK?
3. In your own words what is diabetes?
4. Classify the differences between type 1 and type 2 diabetes…
5. What increases your risk of type 2 diabetes?
6. What is pre-diabetes?
7. What is gestational diabetes?
8. What are the main symptoms of type one diabetes?
9. What are the main symptoms of type two diabetes?
10. How do we diagnose diabetes?
11. How do we manage diabetes?
12. What do we do in the diabetes review?
13. What is considered a healthy BM range?
14. What if this is high/low?
15. What are some of the long term conditions a person with diabetes may be at a higher risk of?
16. Reflections: - write a brief reflection on caring for a patient with diabetes- adult or child.

Find an article within the last 10 years on diabetes- make notes and use it to help you with your reflections.